

HOME CLEANING CHECKLIST

Daily

- ☐ Dishes (unload & reload)
- ☐ 1 load of laundry
- ☐ Make beds
- ☐ Put away toys
- ☐ Nightly reset

Monday

Living Room & Entryway

- ☐ Wipe down coffee and end tables
- ☐ Clean mirror
- ☐ Sanitize door handles

☐ Laundry: _____

Tuesday

Bathrooms

- ☐ Sanitize sink
- ☐ Sanitize toilet
- ☐ Wipe down vanity
- ☐ Clean mirrors
- ☐ Spot clean floor around toilet

☐ Laundry: _____

Wednesday

Kitchen

- ☐ Clean counters and backsplash
- ☐ Wipe down appliances
- ☐ Sanitize sink
- ☐ Clean out leftovers
- ☐ Takeout trash

☐ Laundry: _____

Thursday

Floors

- ☐ Sweep
- ☐ Mop

☐ Laundry: _____

Friday

Dining Room

- ☐ Wipe down table
- ☐ Wipe down chairs

☐ Laundry: _____

Saturday

Basement

- ☐ Surface wipe down
- ☐ Sweep and mop floors
- ☐ Clean bathroom

☐ Laundry: _____

Sunday

Catch Up

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Monthly

- ☐ Clean baseboards
- ☐ Dust blinds and house
- ☐ Clean windows
- ☐ Carpet clean rugs
- ☐ Sweep under big furniture
- ☐ Wash couch covers
- ☐ Clean under couch cushions
- ☐ Wipe down washer and dryer
- ☐ Sanitize drains
- ☐ Clean showers
- ☐ Declutter pantry
- ☐ Wipe inside microwave

Quarterly

- ☐ Clean oven
- ☐ Clean out dryer vent
- ☐ Replace air filters
- ☐ Declutter dressers and closets
- ☐ Scrub in/out kitchen cabinets
- ☐ Sanitize trash cans

Annually

- ☐ Clean walls
- ☐ Clean ceiling
- ☐ Test emergency alarms
- ☐ Sort junk drawer
- ☐ Declutter hall closet
- ☐ Note needed home repairs

Biannually

- ☐ Wash curtains
- ☐ Clean fireplace
- ☐ Sort bathroom cabinets
- ☐ Sort spice cabinet
- ☐ Sort herb cabinet
- ☐ Declutter toys

HOME CLEANING CHECKLIST

Daily

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Monday

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☐ Laundry: _____

Tuesday

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☐ Laundry: _____

Wednesday

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☐ Laundry: _____

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☐ Laundry: _____

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☐ Laundry: _____

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Monthly

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Quarterly

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Annually

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Biannually

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